

New Mark Commons 2023 Swimming Pool Rules

1. The pool changing rooms and showers will all close promptly at designated schedule times. No one will be admitted to the pool 15 minutes prior to closing.
2. NMC swim team meets for events held at the NMC pool will impact opening and closing times. Dates and times will be provided.

ADMISSION

All NMC Residents and NMC Nonresident Pool Members who have registered and been validated within the Member Splash pool registration system and who are current with payment of all NMC financial dues obligations are eligible to use the pool. If you have not been validated within the registration system you will be denied access. You may request validation by contacting the property management company Abaris Realty, Inc. at 301-468-8919 or email kambush@abarisrealty.com. Once a valid government ID has been provided validation will be granted.

Entering through the side gate with check-in on the pool deck worked well last year and will be in place again this year. Once you have been validated you will just need to provide your name to the guard as you check in. Please wait while they enter your name in the system and are instructed to enter before proceeding past the check-in table. You must follow this practice at each visit prior to entering the pool facilities. Again, if your name has not been validated within the system you will be denied entry.

In order to close the pool on time, all swimmers will be asked to get out of the pool 15 minutes prior to closing time. In addition, lifeguards will not admit swimmers if they arrive 15 minutes before closing or later.

Guests must be accompanied by NMC residents or nonresident NMC pool members in order to be admitted once the appropriate guest fee is paid. Guest Passes may be purchased via Membersplash or a \$20 guest card can be purchased at Abaris Realty.

NMC Pool Party Rules allow up to 15 guests to be brought to the pool during standard hours of operation if the NMC host has applied for and received approval in advance from the NMC Pool Management Company, Pool Personnel. Contact nmcpoolmgr@gmail.com. See attachment 4 for additional information regarding pool parties.

Ongoing admission is dependent upon pool users complying with the NMC Pool Rules. All persons using the pool area do so at their own risk and accept responsibility for their own safety. Personal property is the responsibility of the persons using the pool.

SWIMMING RULES FOR CHILDREN:

1. Any child under 16 years of age may enjoy unrestricted use of the main pool upon successfully passing a Basic Swim Test administered by a lifeguard.

2. All children under 9 years of age must be accompanied in the pool by an adult or responsible person 16 years or older.
3. Children who have not passed the Basic Swim Test must have a responsible person in the pool with them within an arm's reach at all times and are prohibited from the deep end of the pool or using the diving board.
4. Non-swimmers must remain in shallow water (chest deep or less).
5. Only US Coast Guard approved flotation devices and noodles are permitted in the main pool.
6. Children ages 9-15 may come to the pool to swim without parents accompanying them only after successfully passing a Basic Swim Test and having a 2023 Pool Access Permission & Liability Waiver form completed and signed by their parent or guardian on file with the NMC property management company Abaris Realty, Inc., and the pool management company, Pool Personnel. Forms are available in this packet or on the NMC website: www.newmarkcommons.org
7. The Basic Swim Test consists of:
 - a. Swimming half the length of the pool with confidence, using one of four basic swimming strokes.
 - b. Stopping and treading water for a period of one-minute.
 - c. Resuming swimming the length of the pool with confidence.
 - d. Successful completion of the test shall be at the discretion of the pool manager/lifeguard.
8. A 15-minute quiet time will be instituted 15-minutes prior to the hour's change in which jumping, diving, splashing, and ball/game/toy play will be prohibited.

NMC SWIMMING POOL USERS' RULES

1. All pool users must:
 - Wear swimming apparel (bathing suit or trunks, UV protection tops).
 - Shower before entering any pool
 - Only enter the pool when a lifeguard is on duty
 - Refrain from spitting, spouting water or blowing the nose while swimming
 - Refrain from underwater swimming for distance
 - Comply with all NMC pool rules and directions issued by the lifeguards
2. Absolute NOs for all pool users:
 - **NO RUNNING, CARELESS OR ROUGH PLAY, IMPROPER CONDUCT**
 - **NO ABUSIVE OR PROFANE LANGUAGE**
 - **NO HARD BALL PLAYING ON THE POOL DECK OR AGAINST A CLUBHOUSE WALL**
 - **NO GLASS BOTTLES OR CONTAINERS** (including baby bottles)
 - **NO FOOD ON THE POOL DECK.** Eating is restricted to seated tables in the patio area.
 - **NO CELL PHONES, CAMERAS, or other VIDEO devices may be used in the changing rooms or restrooms.**

- **NO CHEWING GUM**
- **NO ALCOHOL, DRUGS, SMOKING OR VAPING.** This is a State of Maryland Law.
- **NO PETS are permitted within the pool area.**

3. Patrons with the following health conditions may not swim in any pool: anyone with skin abrasions or skin diseases; having a cold, cough, inflamed eyes, open sores, infection, excessive sunburn, nasal or ear discharge.
4. Any child who is not toilet trained or adult who is incontinent must wear a clean diaper or disposable swim diaper that is covered by a separate rubber/vinyl pants fitting snugly around the legs and waist.
5. Diving rules as posted and/or directed by a lifeguard must be adhered to. Diving is only allowed in the diving well. Only one person is permitted on the diving board at a time. Dives must only be forward in direction. Only one bounce on the diving board is allowed. No back dives or flips allowed. No flotation device, goggles or toys are permitted while the diving board is in use. They are allowed when general swimming in the diving well is occurring. Divers will not dive until the previous diver has reached the ladder at the side of the pool. Only individuals who have passed the safe swim test may use the diving board.
6. Lap lanes are for fitness swimming. Hanging on the lane ropes is prohibited.

NMC CLUBHOUSE AND SWIMMING POOL FACILITY RULES

1. NMC encourages all users to be respectful of each other and the facility itself while enjoying the Clubhouse and pool.
2. All users must obey the direction of the pool manager/lifeguards. Please note that the pool manager/lifeguards are not only authorized but are required to enforce the NMC pool rules for the purpose of ensuring the safety of all users/guests. The pool manager/lifeguards have the authority to establish and enforce any other rules and regulations that will further the safe operation of the pool. **They also have the authority to prohibit any activity, whether specifically described in the facility/pool rules, or unstated, that they determine is unsafe.**
3. The pools may be closed at the discretion of the lifeguards at any time due to weather (heavy rain, thunder, lightning, etc.), breakdown of equipment, operational defects, or other causes. See attached flyer regarding weather related closures.
4. The pool office is only for the use of pool managers and lifeguards.
5. If a patron with a disability needs special accommodations to use the pool complex, please contact the Pool Manager.
6. Radios, CD players and other portable electronic devices may be played only with earphones, at a volume that does not disturb others. All electronic devices on the pool deck must be battery operated.
7. Bicycles, skateboards, rollerblades/roller-skates or scooters are not permitted on the pool deck. Baby strollers and baby wagons are allowed.
8. A designated basketball is permitted only when used to play basketball in the pool. Only soft balls are permitted for play in the pool area.
9. All trash and recycling must be deposited in receptacles provided.
10. There will be no guest entry refunds for inclement weather closures of the pool.
11. NMC residents who are interested in a private pool party or use of the Clubhouse outside of standard pool hours of operation should speak to the property management firm Abaris Realty, Inc. at 301-468-8919.